



# KOOLAU SHOTOKAN KARATE

RANDALL MONAGHAN & ELOISE AGUIAR, CHIEF INSTRUCTORS

<b>MEMBER NAME</b>		<b>AGE</b>	
<b>ADDRESS</b>		<b>HOME PHONE</b>	
<b>EMPLOYMENT</b>		<b>WORK PHONE</b>	
<b>EMERGENCY CONTACT</b>		<b>PHONE</b>	

## WAIVER, RELEASE, AND INDEMNITY AGREEMENT

The undersigned acknowledges and affirms that:

1. He or she wishes to participate in karate training under the conditions and rules set forth by KOOLAU SHOTOKAN KARATE, LLC.
2. Karate training involves physical exertion and the possibility of injury.
3. He or she is in sufficient physical and mental condition to participate safely in karate training.
4. He or she will not take any action in participating in karate training which will be dangerous to the undersigned or any other person.

By freely choosing to participate in karate training, the undersigned agrees to:

- A. Assume the risks inherent in karate training
- B. Waive and release any and all claims he or she may now or hereafter have against KOOLAU SHOTOKAN KARATE LLC. and its officers, employees, instructors, and agents arising out of or connected with any injury he or she may sustain in participating in karate training.
- C. Hold harmless and indemnify KOOLAU SHOTOKAN KARATE, LLC. and its officers, employees, instructors, and agents, from any and all claims arising out of or connected with any injury he or she may sustain in participating in karate training.
- D. This agreement shall be binding upon the undersigned's family, estate, heirs, personal representatives and assigns, and shall inure to the benefit of the successors and assigns of KOOLAU SHOTOKAN KARATE, LLC.
- E. The undersigned, by his or her signature on this below, attests that he or she is fully informed of the content of this agreement and signs this agreement as his or her free act and deed.

<b>MEMBER SIGNATURE</b>		<b>DATE</b>	
<b>PARENTS SIGNATURE</b>		<b>DATE</b>	